



Professional Disclosure Statement

Jennielee Szolomayer, MA, NCC, Professional Counselor Associate

Supervisor: Catherine Kateley-Williams LPC, CADC1

Neighborhood Health Center

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Philosophy and Approach: My goal is to support patients in becoming their own greatest champions by modeling care for our pasts, our bodies, our emotions, and our potential for growth and healing. I view the relationship between myself and my patients as an honored trust that I am both privileged and humbled to receive.

I draw from several theoretical approaches to helping relationships. During sessions, I may focus on any of the following: examining thoughts, habits, and behaviors; promoting mindful awareness of emotions; exploring self-compassion; and investigating the narratives we tell ourselves and others. Because knowledge is power, I strive to bring neuroscience and brain-based interventions into the behavioral health counseling process. I also believe that we are not islands, and it is critical to bring our full human context – societal systems, relationships, and past experiences included – into view if we are to create change. My aspiration is to be a guest in your world, understand your unique goals and needs, and provide presence, tools, and empathy along your journey.

Formal Education and Training: I hold a Bachelor of Arts in Communication: Conflict Management from Pacific Lutheran University in Tacoma, Washington (2011) and a Master of Arts in Clinical Mental Health Counseling from Bradley University in Peoria, Illinois (2020). Through this program, I received training in mental health assessment and diagnosis, cultural competency, individual, family, and group counseling techniques, and neuro-counseling. I completed my practicum and internship at a community mental health agency serving adults, children, and families, with additional clinical focus on neurodiversity and the needs of foster youth. I am nationally certified by the National Board for Certified Counselors, meaning I have demonstrated mastery of counseling knowledge and skills through a rigorous education and passing a national exam.

As a Registered Associate with the **Oregon Board of Licensed Professional Counselors and Therapists**

(Board), I abide by its **Code of Ethics**. I am supervised by Catherine Kateley-Williams a licensed professional counselor, which I will be happy to explain.

Fees: Any Fees that are rendered are billed to your insurance through Neighborhood Health Center (NHC). Fees for behavioral health services typically range between \$130 to \$215. Amount owed by the patient is determined after insurances are applied, if applicable. Sliding scales and flexible payment plans are available for those who qualify. Payment for services are due the day of service. For an estimate of charges, contact your NHC clinic and request a Good Faith Estimate.

As a client of an Oregon Registered Associate, you have the following rights:

- To expect that a registered associate has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me; and
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:

3218 Pringle Rd SE, #120, Salem, OR 97302-6312 | Telephone: (503) 378-5499

Email: lpct.board@mhra.oregon.gov

Additional information about this registered associate is available on the Board's website:

www.oregon.gov/OBLPCT

Information regarding NHC's Sliding Fee Discount Program and payment plans can be found here:

<https://www.nhcoregon.org/for-patients/financial-assistance/>