



Professional Disclosure Statement

Catherine M Kateley-Williams, MA, LPC, CADCI
Neighborhood Health Center
7320 SW Hunziker Road, STE 300, Portland, OR 97223
503-941-3087 | concerns@nhcoregon.org

Philosophy and Approach: I believe that life can be extremely challenging at times and that everyone experiences hardship differently. I use a holistic approach to my practice using behavioral therapy, psychoeducational, motivational interviewing and cognitive behavioral therapy in my sessions. I believe that people have the ability for positive growth and change in their lives. I wish to build a safe place for my patients to feel welcomed and heard. I also believe that every individual needs an individualized therapy plan and will adapt my style of therapy to fit the clients' needs the best I can.

Formal Education and Training: In 2016 I received my Master of Arts in Psychological Science with a specialization in counseling, as well as a graduate level certificate in Gerontology from Pacific University. I completed my bachelor's degree from Oregon Institute of Technology in Applied Psychology with specialization in Human Services and Education, as well as receiving a certificate in sociology. My training has included both classroom setting as well as two intern clinical settings (DHS child welfare 2014, Tualatin Valley Fire and Rescue 2016). I have continued to further my knowledge and understanding through specialized continuing education courses in Trauma, Gerontology, pediatric care, supervision, Ethics and substance use. I have held a Dispute Resolution Certificate since 2014. I have been fully licensed in Oregon since 2018 as both a LPC and certified alcohol and drug counselor. In 2022 with Accordance to Oregon LPC board I started taking on Registered Professional Associates.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession as well as courses on ethics and cultural diversity.

Fees: Any Fees that are rendered are billed to your insurance through Neighborhood Health Center (NHC). Fees for behavioral health services typically range between \$130 to \$215. Amount owed by the patient is determined after insurances are applied, if applicable. Sliding scales and flexible payment plans are available for those who qualify. Payment for services are due the day of service. For an estimate of charges, contact your NHC clinic and request a Good Faith Estimate.

As a client of an Oregon Licensed Counselor, you have the following rights:

- To expect that a registered associate has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me; and
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:
3218 Pringle Rd SE, #120, Salem, OR 97302-6312 | Telephone: (503) 378-5499
Email: lpct.board@mhra.oregon.gov

Additional information about this counselor or therapist, consult the Board's website:
www.oregon.gov/OBLPCT

Information regarding NHC's Sliding Fee Discount Program and payment plans can be found here:
<https://www.nhcoregon.org/for-patients/financial-assistance/>