



Professional Disclosure Statement

Willa Jutzi, MA, Professional Counselor Associate
Supervisor: Catherine Kateley-Williams LPC, CADC1
Neighborhood Health Center
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Philosophy and Approach: My therapeutic approach is grounded in Acceptance and Commitment Therapy and Dialectical Behavioral Therapy interventions. I believe that a willingness to face challenging thoughts, emotions, and behaviors can allow the client to presently observe and process their experiences – without being controlled by them. I work with clients to build healthy coping strategies and mindfulness skills, while identifying any areas where they may feel stuck or lacking direction. I collaborate with clients to understand what brings value to their lives, and how they can best engage in meaningful, committed action to bring these values to fruition. I prioritize the therapeutic relationship in my practice and provide a nonjudgmental environment to foster personal growth and skills building.

Formal Education and Training: I received my Bachelor of Science in Psychology from Oregon State University in 2020, with a minor in Human Development and Family Science. I attended Pacific University for my Master of Art in Applied Psychological Science with a child and adolescent clinical emphasis, conferred in 2022.

As a Registered Associate with the **Oregon Board of Licensed Professional Counselors and Therapists** (Board), I abide by its **Code of Ethics**. I am supervised by Catherine Kateley-Williams a licensed professional counselor, which I will be happy to explain.

Fees: Any Fees that are rendered are billed to your insurance through Neighborhood Health Center (NHC). Fees for behavioral health services typically range between \$130 to \$215. Amount owed by the patient is determined after insurances are applied, if applicable. Sliding scales and flexible payment plans are available for those who qualify. Payment for services are due the day of service. For an estimate of charges, contact your NHC clinic and request a Good Faith Estimate.

As a client of an Oregon Registered Associate, you have the following rights:

- To expect that a registered associate has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me; and
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:
3218 Pringle Rd SE, #120, Salem, OR 97302-6312 | Telephone: (503) 378-5499
Email: lpct.board@mhra.oregon.gov

Additional information about this registered associate is available on the Board's website:
www.oregon.gov/OBLPCT

Information regarding NHC's Sliding Fee Discount Program and payment plans can be found here:
<https://www.nhcoregon.org/for-patients/financial-assistance/>